

Youth Schedule

Summer Schedule: July 2 - August 25, 2024
Registration required for all programs.

Building Hours:
Monday - Friday 5:30am-9pm
Saturday & Sunday 7am-3pm
Closed on Jul 1st, Aug 5th, Sep 2nd

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Child Minding 3m-5y 9am-12pm	Child Minding 3m-5y 9am-12pm	Child Minding 3m-5y 9am-12pm	Child Minding 3m-5y 9am-12pm	Child Minding 3m-5y 9am-12pm
	Child Minding 3m-5y 4:30-7:30pm	Child Minding 3m-5y 4:30-7:30pm	Child Minding 3m-5y 4:30-7:30pm	
	Badminton 6-9y 6-6:45pm	Youth Fit 10-13y 5:30-6:30pm	Basketball 4-5y 6-6:30pm	
	Badminton 10-12y 6:50-7:50pm	Youth Fit 10-13y 6:35-7:35pm	Basketball 6-9y 6:35-7:20pm	

TUMBLE ROOM HOURS:

Gymnastics play space for children under 10.
Adult supervision required.

Monday-Friday 8am-8pm
Saturday & Sunday 8-10am, 1:30-2:30pm

Badminton: a fun-filled introduction to the sport, promoting teamwork and skill development in a supportive setting. Expert coaching and engaging activities ensure a memorable experience, sparking a lifelong love for badminton.

Basketball: Participants will be introduced to dribbling, shooting, passing, new drills, and gameplay.

Youth Fit: An introduction to fitness for youth ages 10-13yrs old. Throughout the program, youth will participate in a workout and how to use fitness equipment properly and safely. Each week will be focused on a different muscle group through exercise.